

AMERSHAM SWIMMING CLUB

CRAWLEY SWIMMING CLUB SPRING LONG COURSE MEET

18th & 19th April 2009

Amersham Swimming Club sent 19 swimmers to the Crawley Swimming Club Spring Long Course (50m) Meet.

The high level meet, held at the K2 Centre in Crawley, attracted swimmers from all over England hoping to gain national qualifying times (NQTs) before the closing date for the National Championships taking place in the summer.

Libby Hetherington, Kat Shaw and Sophie Elphick all produced qualifying swims while Ben Levart achieved an impressive three NQTs.

Individual results within the top 10 positions:

Kat Shaw (Age 14)

9th: 50m freestyle, 29.07
9th: 200m freestyle, 2:15.26
3rd: 100m backstroke, 1:09.50 **(NQT)**
5th: 200m backstroke, 2:30.91
8th: 200m IM, 2:33.86

Libby Hetherington (Age 17)

5th: 50m freestyle, 28.31 **(NQT)**
8th: 100m freestyle, 1:01.93
3rd: 200m IM, 2:29.02

Sophie Elphick (Age 14)

2nd: 200m breaststroke, 2:45.23 **(NQT)**
5th: 200m IM, 2:31.97

Chloe Veronique (13)

6th: 50m fly, 33.07
10th: 50m freestyle, 30.74

Holly Williams (Age 13)

6th: 50m backstroke, 35.41

Eleanor Dolan (Age 13)

4th: 50m freestyle, 29.94
6th: 200m breaststroke, 2:56.82
8th: 200m IM, 2:38.01



Lauren Wye (Age 15)

7th: 200m `fly, 2:33.78

Alessandra Quincey (Age 14)

8th: 200m breaststroke, 2:59.00

Katrina Beveridge (Age 13)

9th: 50m backstroke, 36.03

Sarah Hammond (Age 11)

4th: 200m `fly, 3:00.88

7th : 100m `fly, 1:20.67

Ben Levart (Age 12)

11th: 200m freestyle, 2:15.56 **(NQT)**

6th: 400m freestyle, 4:39.37 **(NQT)**

7th: 100m `fly, 1:10.75

4th: 200m `fly, 2:33.49 **(NQT)**

George Marsh (Age 11)

7th: 200m backstroke, 2:47.70

Andrew Beveridge (Age 15)

2nd: 50m backstroke, 30.71

4th: 100m backstroke, 1:06.07

Will Hammond (Age 15)

4th: 50m freestyle, 26.22

3rd: 50m backstroke, 30.89

4th: 50m `fly, 29.13

7th: 100m breaststroke, 1:18.52

8th: 200m IM, 2:24.30

Marcus Hazelwood (Age 14)

6th: 200m breaststroke, 2:52.51

Matt Hazelwood (Age 13)

6th: 50m breaststroke, 39.99
