

## **AMERSHAM SWIMMING CLUB**

### **BERKSHIRE & SOUTH BUCKS ASA -COUNTY CHAMPIONSHIPS**

**SATURDAY 28 FEBRUARY 2009**

The first weekend of the County Championships brought some outstanding results for ASC swimmers.

The overall medal haul was 19 Gold, 23 Silver and 15 Bronze medals; with six Junior Championship wins and two County Championships falling to Amersham swimmers.

#### **Relays**

There were three impressive results in the BAGCATS (13 and under):

Amersham A girls consisting of Chloe Veronique, Juliet Flamank, Holly Williams and Millie Price were first in the 4 x 100m freestyle relay in 4:17.71.

The same girls were also first in the 4 x 100 Medley relay in 4:51.25.

Amersham B boys comprising George Marsh, Tom Strudwick, Hugo Bellamy and Cameron Winchcombe were second in the 4 x 50m freestyle in 2:15.84.

#### **Age Group Results (Medal places)**

##### **10 years and under boys:**

###### **Tom Strudwick (10)**

Gold: 200m IM, 2:58.89  
Gold: 100m 'fly, 1:27.76  
Gold: 200m breaststroke, 3:28.84  
Gold: 100m breaststroke, 1:39.55  
Silver: 200m backstroke, 2:59.62.

###### **Hugo Bellamy (10)**

Gold: 200m backstroke, 2:58.88  
Silver: 200m IM, 3:03.44

###### **Cameron Winchcombe (10)**

Bronze: 200m backstroke, 3:06.58

##### **12 year old boys:**

###### **Ben Levart (12)**

Gold: 200m backstroke, 2:38.56  
Gold: 100m 'fly, 1:11.42  
Silver: 200m IM, 2:38.42  
Silver: 100m breaststroke, 1:30.01  
Silver 200 breaststroke 3:10.85

**Max Elphick (12)**

Silver: 200m backstroke 2:39.02

**13 year old boys:**

**Matt Hazelwood (13)**

Bronze, 100m breaststroke, 1:22.84

**14 year old boys:**

**Marcus Hazelwood (14)**

Gold: 100m breaststroke 1:15.29 - **Junior Championship Winner**

Gold: 200m breaststroke 2:43.58 - **Junior Championship Winner**

**Dan Barraclough (14)**

Gold: 200m IM, 2:24.29 – **Junior Championship Winner**

Gold: 200m backstroke, 2:19.71 - **Junior Championship Winner**

**Toby Emerson (14)**

Bronze: 100m breaststroke, 1:16.72 (3rd in Junior Championship)

Bronze: 200m breaststroke, 2:44.89 (3rd in Junior Championship)

**15 year old boys:**

**William Hammond (15)**

Silver: 200m breaststroke, 2:43.52

**17+ year old boys:**

**Dan Shinnie (18)**

Silver: 200m backstroke 2:11.74

Bronze: 100m 'fly, 1:02.84

Bronze: 200m IM, 2:14.60

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**11 year old girls:**

**Molly Norman (11)**

Silver, 50m freestyle, 37.32

Silver, 200m freestyle, 2:30.14

Bronze, 50m 'fly, 36.03

**Sarah Hammond (11)**

Silver, 400m IM, 5:50.76

Bronze, 50m freestyle, 32.44

**12 year old girls:-****Juliet Flamank (12)**

Gold, 200m freestyle, 2:20.84  
Silver, 400m IM, 5:44.17

**Paige Morgan (12)**

Bronze, 400m IM, 5:45.04

**13 year old girls:****Holly Williams (13)**

Gold, 100m backstroke, 1:09.31 (2nd in Junior Championship)  
Bronze, 50m 'fly, 32.59  
Bronze, 200m freestyle 2:17.55

**Eleanor Dolan (13)**

Silver, 100m backstroke, 1:10.70  
Silver, 50m freestyle 29.53  
Silver, 200m freestyle 2:16.60

**Chloe Veronique (13)**

Silver, 50m 'fly, 32.57  
Bronze, 50m freestyle, 29.65

**14 year old girls:****Sophie Elphick (14)**

Gold, 400m IM, 5:08.33 - **Junior Championship Winner** & 3rd in County Championship  
Silver, 200m freestyle, 2:13.96 – (2nd in Junior Championship)

**Katherine Shaw (14)**

Gold, 100m backstroke, 1:07.02 - **Junior Championship Winner, NQT** & 3rd in County Championship  
Silver, 50m freestyle, 28.99 – (2nd in Junior Championship)  
Bronze, 400m IM 5:18.71 - (3rd in Junior Championship)  
Bronze, 200m freestyle, 2:14.61 (3rd in Junior Championship)

**15/16 year old girls:****Lauren Wye (15)**

Silver, 400m IM, 5:19.38  
Silver, 200m freestyle 2:13.73

**Imogen Rome-Hall (15)**

Bronze, 50m freestyle, 28.97

**17+ year old girls:**

**Libby Hetherington (17)**

Gold, 50m freestyle, 27.60 – **County Championship Winner & NQT**

Gold, 400m IM, 4:59.05 – **County Championship Winner & NQT**

Silver, 200m freestyle, 2:08.81 - (2nd in County Championship)

**Hannah Rome-Hall (17)**

Gold, 100m backstroke, 1:08.77

Silver, 50m freestyle, 28.97

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