

Speedo League

The National Speedo Swimming League is, as its title states, a national competition involving teams entered from clubs from all over England and Wales. It is broken down into seven regions (East Midlands, South, London, North East, North West, Western and West Midlands).

There are three rounds in the competition, these being held in October, November and December. There are then two National finals, which are held in April or May of the next year. The locations for each round vary, and are usually published a few weeks before the event is due to take place.

Each team has male and female swimmers in age groups 11 and under, 13 and under, 15 and under and Open. There is a maximum of six male and six female swimmers per age group. Each age group swims a freestyle relay team, a medley relay team, and all four individual events.

Please ensure that if you are picked to swim in the rounds and the final that you keep these dates free. Speedo Teams will be announced approximately 1 month before the rounds.

The dates for the 2008 Speedo League rounds can be found below:

League Dates			
Year	Round One	Round Two	Round Three
2008	Saturday 11th October	Saturday 8th November	Saturday 13th December
2009	Saturday 10th October	Saturday 14th November	Saturday 12th December
2010	Saturday 9th October	Saturday 13th November	Saturday 11th December

Results below from 2007 Speedo

Place	Team	R1	R2	R3	Total	R1	R2	R3	Bonus	Total
1	Portsmouth Northsea	348	355	340	1043	8	8	16	16	48
2	Amersham	332	319	305	956	8	7	14	16	45
3	Havant & Waterlooville	246	273	230.5	749.5	6	7	12	16	41
4	Winchester Penguins	229.5	281	209	719.5	6	8	10	16	40
5	City Of Oxford	212	226	200	638	5	6	8	16	35
6	Hamble Aquatics	236	250	196	682	7	6	6	16	35
7	Basingstoke Bluefins A	248	235	167.5	650.5	7	4	4	16	31
8	Tilehurst	201	199	146	546	4.5	5	2	16	27.5
9	Fareham Nomads	210.5	247	267	724.5	4	5	16	0	25
10	Newbury	201	192	234	627	4.5	4	12	0	20.5
11	Guernsey	197	187	260	644	3	3	14	0	20
12	Hart	195	172	213.5	580.5	2	2	10	0	14
13	Alton & District	186	141	213	540	2	1	8	0	11
14	Eastleigh & Oaklands	152	168	213	533	1	2	6	0	9
15	Chesham	170	186	204.5	560.5	1	3	4	0	8
16	Slough & Eton Dolphins	210	156	187	553	3	1	2	0	6