

## AMERSHAM SWIMMING CLUB

### CRAWLEY SWIMMING CLUB – LONG COURSE OPEN MEET - 19-20 APRIL 2008

Competitors from across the south of England met at Crawley Swimming Club for the Spring Long Course Open Meet on 19<sup>th</sup> and 20<sup>th</sup> April, along with 15 swimmers from Amersham.

Fresh from their training camp in Lanzarote, they achieved nine NQTs and three club records over two days of excellent swimming against stiff competition.

#### Highlights and top 10 placings:

**Ben Levert** (11 yrs) took medals in each of his six swims: gold in the 200m 'fly (2:47.03); gold and NQT in the 200m freestyle (2:22.77); gold in the 100m freestyle (1:07.06); gold, club record and NQT in the 400m freestyle (4:55.87); gold and a club record in the 100m 'fly (1:14.90) and bronze in the 200m IM (2:47.50).

**Kat Shaw** (13 yrs) gained three NQTs taking gold in the 100m freestyle (1:02.18); silver in the 100m backstroke (1:10.82); fifth in the 200m freestyle (2:15.52). She also finished 4<sup>th</sup> in the 200m backstroke (2:32.19) and 9<sup>th</sup> in the 200m IM (2:35.21).

**Sophie Elphick** (13 yrs) took gold and an NQT the 100m breaststroke (1:16.48); gold in the 200m breaststroke (2:47.46); silver in the 200m IM (2:32.15); and silver in the 400m IM (5:19.74).

**Will Hammond** (14 yrs) set a club record and NQT for 8<sup>th</sup> in the 400m IM (5:02.93)

**Holly Williams** (12 yrs) gained an NQT in the 200m freestyle (2:19.36)

**Libby Hetherington** (16 yrs) gained an NQT for 10<sup>th</sup> in the 100m freestyle (1:03.12).

**Eleanor Dolan** (12 yrs) finished fifth in the 200m breaststroke (2:59.64)

**Dan Shinnie** (17 yrs) finished ninth in the 50m backstroke (29.69)

#### Other results: (50m events are the whole entry, i.e. not age group)

**Will Hammond** (14 yrs) 54<sup>th</sup> 50m freestyle (26.76), 14<sup>th</sup> 100m backstroke (1:07.40), 15<sup>th</sup> 200m freestyle (2:07.28), 23<sup>rd</sup> 100m freestyle (59.01), 12<sup>th</sup> 100m breaststroke (1:16.04), 15<sup>th</sup> 200m IM (2:25.21)

**Kat Shaw** (13 yrs) 11<sup>th</sup> 400m freestyle (4:48.59)

**Nia Kennedy** (12 yrs) 12<sup>th</sup> 400m freestyle (4:50.44), 31<sup>st</sup> 200m IM (2:41.37), 23<sup>rd</sup> 100m 'fly (1:13.94), 12<sup>th</sup> 200m IM (2:44.59), 17<sup>th</sup> 100m freestyle (1:04.95)

**Lauren Wye** (14 yrs) 12<sup>th</sup> 400m freestyle (4:42.66), 11<sup>th</sup> 200m freestyle (2:14.82)

**Dan Shinnie** (17 yrs) 11<sup>th</sup> 100m backstroke (1:04.86), 13<sup>th</sup> 200m IM (2:21.99), 25<sup>th</sup> 50m freestyle (26.15), 11<sup>th</sup> 100m 'fly (1:01.43)

**Andrew Beveridge** (14 yrs) 60<sup>th</sup> 50m backstroke (33.25)

**Paige Morgan** (11 yrs) 20<sup>th</sup> 100m breaststroke (1:34.20)

**Eleanor Dolan** (12 yrs) 19<sup>th</sup> 100m breaststroke (1:25.55), 18<sup>th</sup> 200m freestyle (2:19.56), 11<sup>th</sup> 100m freestyle (1:04.45)

**Holly Williams** (12 yrs) 16<sup>th</sup> 100m freestyle (1:04.79), 28<sup>th</sup> 200m IM (2:40.84), 94<sup>th</sup> 50m freestyle (30.70), 30<sup>th</sup> 100m 'fly (1:17.34), 20<sup>th</sup> 100m backstroke (1:14.03)

**Katrina Beveridge** (12 yrs) 47<sup>th</sup> 50m backstroke (35.47)

**Toby Emerson** (13 yrs) 63<sup>rd</sup> 50m breaststroke (41.16), 28<sup>th</sup> 100m breaststroke (1:26.80)

**Marcus Hazelwood** (13 yrs) 18<sup>th</sup> 100m breaststroke (1:25.04)